

Ways to Earn PDUs

Please note that for each PDU activity the following information is required: name of activity, dates, and hours claimed.

| | Activity | PDU Rules | Audit (info only required if requested by assessor) |
|---|---|---|---|
| 1 | <p>Course or Training Instructor led formal education courses</p> <ul style="list-style-type: none"> • Training courses • Educational events • e-Learning on demand courses | <ol style="list-style-type: none"> 1. One hour of instruction = One PDU 2. Course should relate to topics in the IPMA Eye of Competence 3. Report each course separately | Registration form, certificate and/or letter of attendance |
| 2 | <p>Organisation Meetings Meetings, activities and local events related to the profession</p> <p>Professional meetings that include an educational component provide an opportunity to learn and also to network.</p> | Limited to 25 PDUs per cycle | Registration form, letter of attendance or other form of documentation confirming participation in event. |
| 3 | <p>Online or Digital media Self-paced learning conducted online or through varied forms of digital media</p> <p>Many educational webinars, videos and other types of digital content are available online and on demand.</p> | <ol style="list-style-type: none"> 1. One hour of learning = one PDU 2. Qualifying activities should be relevant to the IPMA Eye of Competence | Evidence supporting your reported learning, including notes from and dates of activities conducted. |
| 4 | <p>Reading Self-directed reading that is relevant to your certification</p> <p>You can read books, articles, whitepapers, or blogs to stay informed and support your ongoing professional development.</p> | One hour of learning = one PDU | Evidence supporting your reported learning, including notes from and dates of reading. |
| 5 | <p>Informal Learning Educational opportunities focused on structured discussions</p> <p>You can earn PDUs by engaging in structured professional discussions with others, for example while you're being mentored or participating in a "lunch and learn" session with your organisation.</p> | One hour of learning = one PDU | Evidence supporting your reported learning, including notes from and dates of activities recorded. |
| 6 | <p>Work as a Practitioner Working in your certified role</p> | Limited to 25 PDUs per cycle | Proof of employment (job description) |
| 7 | <p>Create Content Creating new knowledge resources for use by practitioners and the public at large</p> <p>There are many ways to create new content, such as authoring books, blogs or articles, or creating presentations.</p> | <p>Limited to 25 PDUs per cycle</p> <p>One hour spent creating content = one PDU</p> | Copies of publications, sample educational materials or course agendas |